



## CANOEING WITH OUTDOOR-TOURS.COM

Family friendly CANOE TRIPS on the calm inland estuary lagoon of Ria de Alvor

### LAGOON TRIP

You start from the small fishing village of Alvor. Paddle with our experienced guide through the quiet estuary lagoon of Ria de Alvor to a sandbank in the middle of the lagoon. Watch how traditional local fishermen collect shell-fish. Enjoy a game of beach volley, searching shells or purely the sunshine.

The lagoon is tidal what means there will be clean (swimming) water every day and all year round with just little current. The estuary lagoon from the Ria de Alvor is a nature protected area, especially known for its variety of emigration birds and its wetlands.

Since this tidal inland water is shallow and has sandy bottoms, the conditions are perfect for leisure experiences like canoeing and swimming or just relaxing. In the summer there will be a fairly strong NW wind starting in the late afternoon almost every day. The mornings however are quiet and with just little winds. Therefore we offer these trips from 10.00 - 13.00 hr.

Our experienced multilingual guide will canoe with you and will head for a deserted sand bank in the middle of the lagoon. Here you can play beach tennis or volleyball. There are always rare and beautiful shells to be found. You might as well just relax and get tanned on the sandbank, while you watch little Portuguese fishing boats passing by, bringing home their catch of the day.

On our trips the guides teach all required skills along the way! We provide all the equipment and our pace is relaxed. There is plenty of time to swim, to explore or just to take a nap!

**Fitness level required nº 1, difficulty A.**

### RIVER TRIP

Follow the meandering river and enjoy the tidal current!

Together with the leaving tide we depart from the charming fishermen harbour of Alvor heading north. Paddle along the waterfront promenade up the river. The following protected wetland is the home of a diversity of impressive birds and wildlife. When the river gets smaller, birds like stilts and storks can be often seen.

We stop to visit the largest palm center in Portugal and Spain. Here at the enchantingly decorated Pizzeria you can savour a bite to eat or to drink.

Take your friends and family on this nature experience!

Nobody is too young or too old. We provide all necessary equipment and our pace is relaxed. Our experienced multilingual guides teach all required skills along the way!

**Fitness level required nº 2, difficulty B.**

## DETAILS

You will canoe in a modern hard-plastic Canadian canoe with space for maximum 2 adults and 1 child under 10 years. There is enough space to bring a bag with towels or some food and drinks. The maximum group size is 20 people. You never did any canoeing in your life before? No problem! Canoeing on Ria de Alvor is possible for non-experienced participants and ideal for children! For your safety and comfort we have a little Portuguese fishing boat as support boat available. All you need to bring is your swimsuit, sun cream and water.

Lagoon trip:  
All year round every day possible from 10.00 - 13.00 hr.

River trip:  
Depends on the tide; check with us for more information.

Adults: **€ 22.50 p.p.**  
Children less than 10 years accompanied with 2 adults pay only **€ 5.00 p.p.**  
**Check with us for group prices for 10 pax or more**

Included in price:

- maritime license
- sports guide
- support boat
- good canoe & swim vest (life-jacket for non-swimmers & children/babies)
- beach games
- liability insurance for outdoor activities

Pick up/bring back service to/from start of activity:

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|--|-----------|-------------|
| Lagos, Luz, Meia Praia, Barão São João |           | € 8,- p.p.  |
| Praia de Rocha, Portimão, Alvor, Vau   |           | € 5,- p.p.  |
| Carvoeiro, Ferragudo, Silves           |           | € 11,- p.p. |
| Armação de Pera, Senhora da Rocha      | MIN 4 PAX | € 15,- p.p. |
| Albufeira, Galé                        | MIN 4 PAX | € 17,- p.p. |
| East-Albufeira                         | MIN 4 PAX | € 18,- p.p. |
| Olhos de Agua                          | MIN 4 PAX | € 19,- p.p. |



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