



MOUNTAIN BIKING WITH OUTDOOR-TOURS.COM

COASTAL MOUNTAIN BIKE TRIP & excellent views

You're looking for off road mountain biking on the rocks? And visit secluded beaches, enjoy magnificent views from the cliff tops?

Our mountain bike guide will take you along challenging single and double tracks.

Enjoy this off-road coastal trip along the coastline of Alvor to Portimao.

From our office in Mexilheira Grande the trip starts heading South following double tracks along the banks of the meandering river, a beautiful nature reservoir. Continue over single tracks on top of the cliffs near the estuary lagoon of Ria de Alvor. Travel further easterly direction and find the famous cliffs of Prainha known for its single tracks by the local professional freestyle riders.

The tour will challenge your skills and bring you to magnificent sites you have to behold to believe their beauty. It is the active way to discover the other side of the Algarve. See the endless ocean, white beaches, the golden coast and unique flora and fauna. And that is not all...

The tour will lead you through the city of Portimao where you can enjoy a bit of Portuguese city life, perhaps with a refreshing ice cream on a terrace...?

The experienced multilingual guide will stop at magnificent panoramic views and knows the best tracks. The trip is suitable for everyone between 15-65 years with some mountain bike experience. Start and finish of the trip are at our office in Mexilheira Grande. The total distance of the trip is 32 km (20 miles), the net cycling time 2 - 3 hours.

The trip is every day available for groups of 6 participants or more.

Fitness level required nº 3, difficulty D.

DETAILS

All year round possible every day from 10.00 - 14.00 hr.

Adults: € 29.00 p.p.

Prices include:

- Good All terrain Bike, aluminium bike with safe hydraulic brakes and comfortable gel seat
- Helmet aproved by ANSI 1078, sizes S/M/L
- Water bottle
- Guide for safety instructions & nature explanations
- liability insurance for outdoor activities

Pick up/bring back service to/from start of activity:

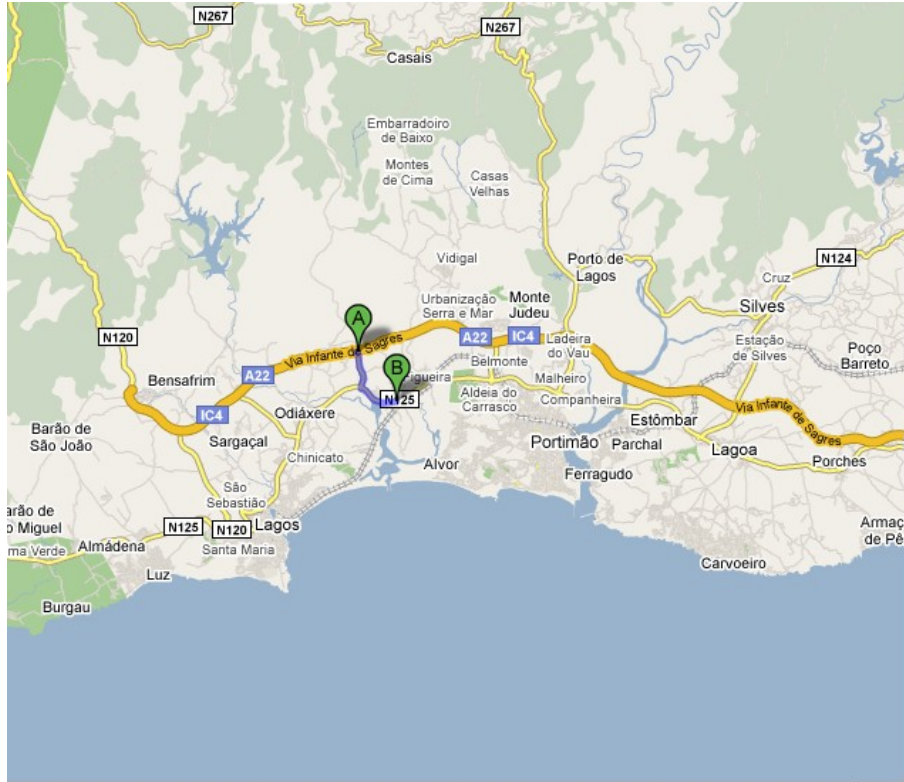
Lagos, Luz, Meia Praia, Barão São João		€ 8,- p.p.
Praia de Rocha, Portimão, Alvor, Vau		€ 5,- p.p.
Carvoeiro, Ferragudo, Silves		€ 11,- p.p.
Armação de Pera, Senhora da Rocha	MIN 4 PAX	€ 15,- p.p.
Albufeira, Galé	MIN 4 PAX	€ 17,- p.p.
East-Albufeira	MIN 4 PAX	€ 18,- p.p.
Olhos de Agua	MIN 4 PAX	€ 19,- p.p.



How to drive from A to B:

A – Turn at exit n° 3 “Mexilhoeira Grande” from the motorway A22, go left at the EN 125

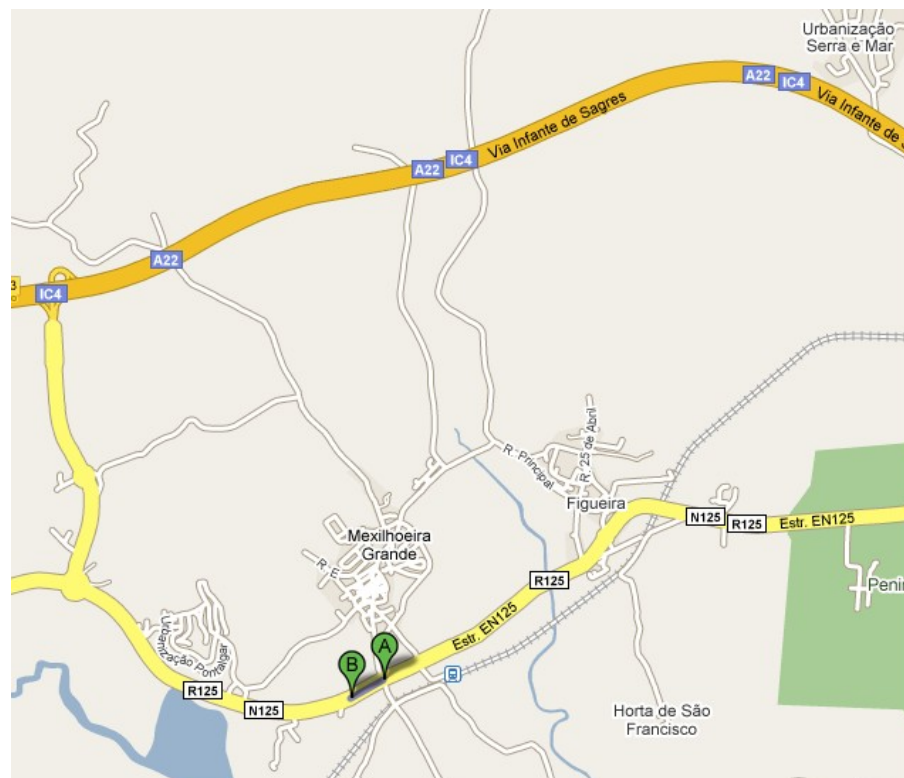
B – Our office is located on the EN 125 300 meters before Mexilhoeira Grande, on your left



In case you come from the other side and follow the EN 125, than how to drive from A to B:

A – From the crossing with Mex. Gr. and the EN 125 go west, this is towards Lagos, on the EN 125

B – After 300 meters look for the sign on your right side, 6 meters high, with a bicycle on top



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